

# 2023 FOOD INGREDIENT LIST

\*\*\***(PACKAGED FOOD WILL SHOW INGREDIENT LIST ON PACKAGE)**

■ **Wild Alaska Smoked Salmon Entrée** ■ **Vegetarian Chili Entrée** ■ **Kid's Meal** ■ **Gluten-Free Item**

■ **Alder Smoked Salmon Chowder** (served for lunch)

Water, potatoes, chowder mix, smoked salmon, canola oil, flour modified corn starch, pesto sauce, alder seasoning, salt dehydrated onions, lemon juice, dehydrated red bell peppers, dehydrated celery, parmesan cheese base, Romano cheese base, granulated garlic, chowder spice, black pepper.

**CONTAINS FISH (SALMON), WHEAT, GLUTEN, MILK, SOY, COCONUT**

■ ■ **Vegetable Chili** (served for lunch) **Gluten-free**

Water, diced tomatoes in juice (tomatoes, tomato juice, citric acid, calcium chloride), pinto beans, onions, light red kidney beans, vegetable soup base (carrot, celery, onion, tomato paste, corn oil, yeast extract, potato flour, salt, onion powder, garlic powder, flavoring), contains less than 2% of the following: tomato paste (tomatoes, citric acid), red bell peppers, carrots, green bell peppers, chopped garlic (garlic, water), salt, modified corn starch, spices, chili pepper, cilantro, pepper sauce (vinegar, red pepper, salt). ALLERGENS: NONE

■ ■ **Oyster Crackers** (served with lunch)

Unbleached wheat flour, water, canola oil, cane sugar, salt, yeast, baking soda.

■ ■ ■ **Julienne Vegetable Blend Salad** (served with lunch) **Gluten-free**

Broccoli, cauliflower, carrots, beets, brussels sprouts, kale, radicchio.

■ ■ ■ **Coleslaw Dressing** (served with lunch) **Gluten-free**

Soybean oil, sugar, water, distilled vinegar, whole egg, contains less than 2% of: salt, egg yolks, spice, propylene glycol, alginate, xanthan gum, onion\*, natural flavor, caramel color, calcium disodium edta added to protect flavor, turmeric. \*dehydrated **CONTAINS EGG, SOY PRODUCTS**

■ ■ ■ **Welch's Mixed Fruit Snack** (served with lunch) **Gluten-free**

Fruit puree (grape, peach, orange, strawberry and raspberry), water, corn syrup, sugar, inulin (from chicory root), modified corn starch, gelatin, concord grape juice from concentrate, citric acid, lactic acid, ascorbic acid (vitamin C), natural and artificial flavors, alpha tocopherol acetate (vitamin E) vitamin A Palmitate, sodium citrate, coconut oil, carnauba wax, annatto (color), turmeric (color), Red 40, Blue 1.

■ ■ ■ **Medium Cheddar Cheese Snack** (served with lunch) **Gluten-free**

Cultured milk, salt, enzymes, annatto (color). **CONTAINS: MILK**

■ ■ ■ **Butter Patty** (served with lunch) **Gluten-free**

Milk cream, salt.

■ ■ **Multigrain Bread Roll** (served with lunch)

Water, whole wheat flour, enriched flour (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), multigrain blend (rye flour, rye flakes, steel cut oats, millet, flaxseeds, cracked wheat, wheat gluten, sunflower seeds, sesame seeds, rye meal, barley flakes). Contains less than 2% of the following: salt, dough conditioner (ascorbic acid, L-Cysteine, azodicarbonamide enzyme, DATEM, calcium stearoyl lactylate, calcium sulfate, potassium iodate), yeast soybean oil, molasses, fumaric acid, acetic acid, lactic acid.

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## ■ **Beef Franks** (served with kids' meal)

Beef, water, dextrose, corn syrup, contains 2% or less of: flavorings, salt, potassium lactate, autolyzed yeast, sodium phosphates, sodium diacetate, ascorbic acid, sodium nitrite, extract of paprika.

## ■ **Hot Dog Buns** (served with kids' meal)

Enriched unbleached wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin and folic acid), water, high fructose corn syrup, yeast, vegetable oil (canola and/or soy), contains 2% or less of: vital wheat gluten, salt, yeast nutrient (ammonium sulphate), dough conditioners (mono diglycerides, sodium stearoyl lactylate, ascorbic acid, azodicarbonamide), calcium sulfate, enzymes, calcium propionate (mold inhibitor).

**MAY CONTAIN SOY PRODUCTS**

## ■ **Sweet Relish** (available with kids' meal)

Pickles (cucumbers, water, salt, vinegar), high fructose corn syrup, cabbage, corn syrup, distilled vinegar, salt, dextrose, natural flavoring, sodium benzoate and potassium sorbate as preservatives, xanthan gum, alum, locust bean and guar gums, dehydrated red bell peppers, turmeric oleoresin, fd&c yellow no. 5 & blue no. 1, polysorbate 80.

## ■ **Ketchup** (available with kids' meal)

Tomato concentrate made from red ripe tomatoes, distilled vinegar, high fructose corn syrup, corn syrup, salt, spice, onion powder, natural flavoring.

## ■ **Sun Chips** (served with kids' meal)

Whole corn, sunflower and/or canola oil, corn oil, whole wheat, brown rice flour, whole oat flour, tomato powder, sugar, salt, natural flavor, maltodextrin (made from corn), whey, cheddar cheese (milk, cheese cultures, salt, enzymes), dextrose, onion powder, buttermilk, potassium chloride, romano cheese (cows milk, cheese cultures, salt, enzymes), yeast extract, lactose, paprika extracts, sodium caseinate, citric acid, skim milk, garlic powder, lactic acid, parmesan cheese (milk, cheese cultures, salt, enzymes), jalapeno pepper,

**CONTAINS MILK AND WHEAT INGREDIENTS**

## ■ ■ ■ **Peppermint Pattie** (served with lunch) Gluten-free

Sugar, corn syrup, chocolate, sugar cocoa, milk fat, lecithin, cocoa butter, PGPR (emulsifier), natural flavors, milk, invert sugar, egg whites, peppermint oil. **CONTAINS SOY AND MILK PRODUCTS. MAY CONTAIN WHEAT, EGG, PEANUT FROM SHARED EQUIPMENT**

## ■ ■ ■ **Gourmet Chocolate Chunk Cookie Dough** (served after lunch)

Enriched bleach flour (flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, semi-sweet chocolate chunks (sugar, unsweetened chocolate, cocoa butter, soy lecithin, vanilla, salt), palm oil, eggs, molasses, unsalted butter, natural and artificial flavors, salt, baking soda.

**CONTAINS EGGS, MILK, WHEAT AND SOYBEANS**

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## **DURING THE CRUISE, THESE PRODUCTS ARE AVAILABLE FOR PURCHASE**

### **Indian Valley Reindeer Hot Dog**

Pork, beef, reindeer, water, salt, nonfat dry milk, spices, milk protein hydrolysate, hydrogenated plant protein, sodium phosphate, sodium erythorbate, sodium nitrite.

### **Chicken Corn Dog – Foster Farms**

Batter ingredients: Water, enriched flour (wheat flour, malted barley flour, niacin, iron, thiamine mononitrate, riboflavin, folic acid), sugar, yellow corn flour, enriched degermed yellow corn meal, soy flour, contains less than 2% of leavening (sodium acid pyrophosphate, sodium bicarbonate), soybean oil, salt, egg yolk, potato flour, egg white, dried honey, artificial flavor, fried in vegetable oil. Chicken ingredients: Mechanically separated chicken, water, salt, contains 2% or less of corn syrup, potassium lactate, potassium acetate, spices, sodium phosphate, sodium diacetate, flavorings, sodium erythorbate, sodium nitrite, may also contain calcium alginate casing.

**CONTAINS WHEAT, SOY AND EGGS**

### **Nacho Chips**

Yellow stone ground corn masa flour, vegetable oil (canola and/or safflower and/or soybean), salt, tbhq, citric acid.

**MAY CONTAIN SOY PRODUCTS**

### **Nacho Cheese Sauce**

Water, soybean oil, modified food starch, cheddar cheese (milk, nonfat milk, cheese cultures, salt, enzymes) and less than 2% of cornstarch, salt, jalapeno peppers, natural flavors, nonfat milk, vinegar, sodium phosphate, maltodextrin, cultured whey (from milk), green chili peppers, yeast extract, mono and diglycerides, sodium citrate, cellulose gum, lactic acid, yellow 5, yellow 6.

**CONTAINS SOY PRODUCTS**

### **Philly Cheese Steak Sandwich – Raybern's**

**Deli Roll:** Enriched wheat flour (wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid, malted barley flour), water, palm oil, sugar, eggs (whole eggs, nisin preparation), nonfat dry milk, vital wheat gluten, dough conditioner, datem, canola oil, dextrose, ascorbic acid, l-cysteine, enzyme, salt, yeast, xanthan gum, calcium propionate. **Beef filling:** USDA choice beef, water, dehydrated vegetables (onion and bell pepper), and contains 2% or less of salt, sugar, spices, yeast extract, maltodextrin, garlic powder, torula yeast, hydrolyzed soy and corn protein, natural butter flavor, sesame oil, natural and artificial flavors, caramel color, dextrose, spice extractive, sodium phosphate, food starch-modified. **Pasteurized processed American cheese** (cheddar cheese – pasteurized milk, cheese cultures, salt, enzymes, cream sodium citrate, sodium phosphate, salt. **CONTAINS WHEAT, EGG, MILK, SOY, SESAME.**

### **Chicken Bacon Ranch Sandwich – Raybern's**

**Deli Roll:** SAME AS CHEESE STEAK ABOVE. **Cooked boneless chicken with rib meat:**(chicken breast meat with rib meat, water, yeast extract, salt, carrageenan, onion powder, sodium phosphate, dextrose, garlic powder, **Ranch Dressing** (water, cream, seasoning buttermilk powder, dextrose, salt, vinegar powder, maltodextrin, vinegar, modified food starch, spice, citric acid, disodium inosinate and disodium guanylate, parsley, annatto extract, bacon cured with water, salt, sugar, smoke flavoring, sodium phosphates, sodium erythorbate, sodium nitrite, vinegar, whey protein concentrate, yeast extract, xanthan gum, dried parsley flakes.. **Pasteurized process Cheddar Cheese** (Cheddar cheese, pasteurized milk, cheese cultures, salt, enzymes, cream, sodium citrate, sodium phosphate, salt, color added. **CONTAINS WHEAT, EGG, MILK.**

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## **Jalapenos**

Jalapeno peppers, vinegar, salt, calcium chloride.

## **Nestle Cocoa Supreme Whipped Cocoa Mix**

Sugar, corn syrup solids, nonfat milk, vegetable oil (partially hydrogenated coconut or palm kernel and hydrogenated soybean), dairy product solids, cocoa processed with alkali, and less than 2% of salt, cellulose gum, sodium caseinate, sodium aluminosilicate, dipotassium phosphate, mono and diglycerides, guar gum, artificial flavors.

**CONTAINS SOY PRODUCTS**

## **Whipped Cream**

Cream, milk, sugar, dextrose, contains less than 1% of: sorbitan monostearate, artificial flavor, carrageenan, mixed tocopherols (vitamin e) to protect flavor, propellant: nitrous oxide.

**CONTAINS MILK**

## **Bloody Mary Mix**

Worcestershire sauce (vinegar, molasses, high fructose corn syrup, anchovies, water, onions, salt, garlic tamarind extract, cloves, natural flavorings, chili pepper extract, hydrolyzed soy and corn protein), spices, chili pepper puree, prepared horseradish (grated horseradish roots, white distilled vinegar, soybean oil, sugar, citric acid), lemon juice concentrate, red pepper sauce, celery seed, xanthan gum (a natural stabilizer).

**CONTAINS SOY PRODUCTS**

## **Grenadine**

High fructose corn syrup, water, sugar, citric acid, natural and artificial flavor, sodium benzoate, red 40.

## **Maraschino Cherries**

Cherries, water, corn syrup, sugar, citric acid, natural and artificial flavors, sodium benzoate, potassium sorbate, fd&c red #40, sulfur dioxide (preservative).

## **Olives**

Olives, water, minced pimiento (sodium alginate, guar gum, calcium chloride, potassium sorbate), salt and lactic acid.

## **Non-Dairy Powdered Creamer**

Corn syrup solids, vegetable oil (partially hydrogenated coconut or palm kernel, hydrogenated soybean), sodium caseinate (a milk derivative) \*\*, dipotassium phosphate (moderates coffee acidity), silicon dioxide, mono- and diglycerides (prevents oil separation), datem, natural and artificial flavor and color \*\*NOT A SOURCE OF LACTOSE

**CONTAINS MILK**

## **Lipton Natural Tea**

Orange pekoe and pekoe cut black tea.

*Other items available for purchase or available as a condiment on board have ingredients listed on their individual packaging.*